



Middleton-in-Teesdale Nursery and Primary School

www.middleton-in-teesdale.durham.sch.uk

'Where many hearts make a school'

25th July 2016

Dear Parent/Carer/Guardian

We would like to remind you that Middleton-in-Teesdale Nursery & Primary School provides a school meal service offering hot, nutritionally balanced meals, freshly prepared and cooked on the school premises.

On return from the Summer break on 7th September 2016 school meals will be offered at £2.00 per day (a small increase of 5p per day) which represents excellent value compared to neighbouring authorities that charge on average £2.15 per meal.

The meals are produced in house by our own catering staff and offer a pre-ordered choice from 2 main courses and a dessert per day. Each meal is developed to ensure the right amount of protein, carbohydrates, fruit and vegetables is available while avoiding confectionary and artificially-sweetened drinks, with limits on the fat, salt and sugar content in each meal.

The good news is that if your child or children attends an infant school or infant classes from Reception to Year 2 then school meals will continue to be free to them. The success of the Free School Meal pilot in Durham has influenced a Government policy decision to make funds available to ensure that all infant children can access a free school meal.

So make sure your child gets the healthy option, the menus can be found on the school app or via our website using the following link:-

<http://www.middleton-in-teesdale.durham.sch.uk/wp-content/uploads/sites/132/2016/03/Spring-Summer-2016-School-Dinner-Menu-Choice.pdf>

Please be advised that if you wish to change from school meals onto packed lunches this can be accommodated at the end of each half term, this is due to the administrative time it takes to change menus and the associated changes in purchasing food provisions.

Don't forget that if your child has a special dietary requirement (supported by a Medical Practitioner) then this can still be provided for.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Alison Brown'.

Alison Brown
School Business Manager



"This is a
good school."
Ofsted 2015