School Dinners Menu Choice – Autumn 2021 **NAME:** **CLASS:**

	Menu choice	**Week 1**	Tick your choice	**Week 2**	Tick your choice	**Week 3**	
Monday	**A**	Pork Sausage and Yorkshire Pudding with Potatoes + Vegetables		Chicken Korma with Wholegrain Rice		Meatballs in Tomato Sauce with Pasta	
	B	Jacket Potato with Tuna Salad		Cheese + Onion Quiche with Salad		Cauliflower and Brocolli Cheese with Crusty Bread	
Tuesday	**A**	Mince Pie with Potatoes + Vegetables		Beef Lasagne with Vegetables		Chicken Goujons + Potatoes with Vegetables	
	B	Plain Omelette + Roast Potatoes with Salad or Vegetables		Egg + Tomato in Wholemeal Bun with Salad		Jacket Potato with Tuna Salad	
Wednesday	**A**	Roast Chicken Fillet + Gravy with Creamed Potatoes + Vegetables		Roast Turkey and Stuffing with Potatoes + Vegetables		Roast Pork with Creamed Potatoes, Vegetables + Apple Sauce	
	B	Macaroni Cheese with Crusty Bread		Quorn Sausage with Potatoes + Vegetables		Quorn Korma with Wholegrain Rice	
Thursday	**A**	Turkey Casserole with Potatoes + Vegetables		Savoury Minced Beef with Creamed Potatoes + Vegetables		Mince + Dumplings with Creamed Potatoes + Vegetables	
	B	Jacket Potato and Baked Beans with Salad		Quorn Mince Bolognese		Cheese + Tomato Pinwheel with Boiled Potatoes and Salad	
Friday	**A**	Harry Ramsdens Salmon Fillet + Chips with Peas or Beans		Fish Fingers + Chips with Peas or Beans		Big Tasty Fish Cake + Chips with Beans or Sweetcorn	
	B	Cheese/Tomato Pizza and Chips with Beans + Salad		Plain Omelette + Chips with Beans and Salad		Jacket Potato and Baked Beans	

Bread, Yoghurt, Fruit and Salad are available every day. Pupils can help themselves to water.

List of Deserts

	Week 1	Week 2	Week 3
Monday	Peach Crumble + Custard	Biscuit + Fruit	Flapjack + Fruit
Tuesday	Apple + Sultana Sponge + Custard	Marble Sponge + Custard	Peach Shortcake
Wednesday	Ginger Sponge + White Sauce	Chocolate Orange Cake + Custard	Chocolate Crunch + Custard
Thursday	Chocolate Sponge + Custard	Cornflake Tart	Rice Pudding
Friday	Crunchy Biscuit + Sliced Apple	Iced Sponge	Chocolate Sponge + Custard

Also available daily: **Alternative** Dessert of fresh fruit or low fat yoghurt