<u>School Dinners Menu Choice – Summer 2023</u>

NAME:

CLASS:

	Menu choice	Week 1	Tick your choice	Week 2	Tick your choice	Week 3	
Monday	Α	Pork Sausages, Mashed Potato and Gravy		Meatballs in Tomato Sauce with Wholemeal Pasta		Bolognese with Wholemeal Pasta	
	В	Macaroni Cheese		Cauliflower Macaroni Cheese with Crusty Bread		Cheese + Tomato Pizza with Potato Wedges	
	С	Jacket Potato OR Sandwich with filling		Jacket Potato OR Sandwich with filling		Jacket Potato OR Sandwich with filling	
		CHEESE TUNA (please circle)		CHEESE TUNA (please circle)		CHEESE TUNA (please circle)	
Tuesday	Α	Minced Beef with Mashed Potato & Vegetables		Chinese Chicken and Vegetable Rice		Cottage Pie	
	В	Cheese + Tomato Pizza with Potato Wedges		Pizza Wheel with Potato Wedges		Mexican Vegetarian Tortilla Pie with Wholegrain Rice	
	С	Jacket Potato OR Sandwich with filling		Jacket Potato OR Sandwich with filling		Jacket Potato OR Sandwich with filling	
		CHEESE TUNA (please circle)		CHEESE TUNA (please circle)		CHEESE TUNA (please circle)	
Wednesday	Α	Roast Turkey and Yorkshire Pudding, with New Potatoes and Gravy		Roast Turkey with Roast Potatoes and Gravy		Roast Pork in a Bun with Gravy and Potato Wedges	
	В	Vegetable Pastry Roll		Tomato Pasta with Garlic and Herb Bread		Cheesy Ploughman's Picnic Plate with Potato Wedges	
	С	Jacket Potato OR Sandwich with filling		Jacket Potato OR Sandwich with filling		Jacket Potato OR Sandwich with filling	
		CHEESE TUNA (please circle)		CHEESE TUNA (please circle)		CHEESE TUNA (please circle)	
Thursday	Α	Chicken Korma with Wholegrain Rice		Beef Lasagne with Garlic and Herb Bread		Butter Chicken Curry with Wholegrain Rice	
	В	Chinese Vegetarian Rice		Sweet Chilli Vegetable Noodles		Tomato Pasta Bake with Garlic Dough Balls	
	С	Jacket Potato OR Sandwich with filling		Jacket Potato OR Sandwich with filling		Jacket Potato OR Sandwich with filling	
	_	CHEESE TUNA (please circle)		CHEESE TUNA (please circle)		CHEESE TUNA (please circle)	
Friday	Α	Fish Fingers with Chipped Potatoes		Fish Fingers with Chipped Potatoes		Southern Fried Chicken with Chipped Potatoes	
	В	Vegetarian Dippers with Chipped Potatoes		Vegetarian Sausage in a Bun with Chipped Potatoes		Tomato Veggie Burger with Chipped Potatoes	
	С	Jacket Potato OR Sandwich with filling		Jacket Potato OR Sandwich with filling		Jacket Potato OR Sandwich with filling	
		CHEESE TUNA (please circle)		CHEESE TUNA (please circle)		CHEESE TUNA (please circle)	

Freshly Baked Bread, Salad, Yoghurt and Fruit are available every day. Pupils can help themselves to water.